Nell A. Gordon, M.D., E.A.C.S., is a facial plastic surgeon in private practice with offices in Greenwich and Wilton, Connecticut. He is one of a small group of facial plastic surgeons who specialize in the facilit technique called the "deer-viame faciliti."

After graduating with highest honors from Albert Einstein College of Medicine in New York, Dr. Gordon correlated his internship in general surgery and residency in head and neck surgery at Yale University School of Medicine. He hare curred the prestigious fellowship in Resid plastic and reconstructive surgery at Tulare University School of Medicine under the

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"I believe the best facial plestic surgery procedures are those that go unnoticed by those around you. You shouldn't be able to tell that someone has had cosmetic surgery. My goal as a surgeon is to reverse a patient's signs of aging, without changing the person."

- Neil A. Gordon, M.D.

Your Complete Guide to Facial Rejuvenation. Addicus Books, 2006. 147pages, index. ISBN 1-886039-20-8. \$21.95.

Five plastic surgeons collaborate on a consumer guide to facelifts, bew lith, eyeld lifts, kkin resurfacing, and injectable fillers. The nuthors practice throughout the US and Canada, and serve as medical directors, fellows and clinical faculty members of medical institutions. Members of the team have published related consumer health books non-surgical facelifts and nose reshaping. Each author includes a biography and an interview answering questions like, "What do you find most rewarding about your work?"

The book includes many before-and-sider photos showing realistic results froughed full ages and backgrounds—one nchieves a concert sense of how ficial procedures can create a more attractive, poutful appearance through the images. Technical illustrations demonstrate how various surgical techniques are accomplished. The writing style is informative, clear, and direct. Propel may not be aware of the many options available today for facial plantic surgery; chapters on special procedures like deep-plane lifts and middles lifts explain sho many be the best candidate for each.

Everything a gattern needs to know to make an informed decision is included, from how to check the qualifications of a cosmetic surgeon to types of anesthesia that may be administered. Potential side effects and complications are described in a truthful and pragmatic manner, and information is provided on factors affecting how long typical results may last. Heighful sidebers contain important questions to also core surgeon, such as, "When can I go back to work?" A glossary and annotated resource list round out this authoritative and comprehensive guide.

Cara Helfner, MSLIS, Brigham and Women's Hospital, Boston, MA